

Monthly Patient Newsletter

Grafton Road Surgery
December 2024

Cervical Cancer Awareness

January is Cervical Cancer Awareness Month. Each year, more than 3,200 women are diagnosed with cervical cancer in the UK. This type of cancer can affect people of all ages.

Cervical screening is a way to prevent cervical cancer, also known as cancer of the cervix. The first part of cervical screening is to have a smear test. It only takes a few minutes to book and there are simple ways to help put you at ease. For more information visit www.nhs.uk/conditions/cervical-screening/

Dry January

Alcohol is a part of many of our lives. We use it for celebration, for comfort, to socialise, to wind down, to cope. In the UK one person every hour dies as a result of alcohol.

Cutting down or stopping drinking is usually just the beginning. Getting the right support can be crucial to maintain control. For more information visit www.nhs.uk/live-well/alcohol-advice/alcohol-support/

Surgery Statistics

1423

Appointments Booked

80

Did Not Attend

6

Average Minute Wait

Important Information

Please be aware repeat prescription and sick note requests must be submitted via writing, unless agreed otherwise. These requests take up to three working days to be processed.

You can email us requests on M89024.graftonroad@nhs.net

Please be advised we have recently been posting lots of important information over on Facebook and Instagram. To keep up to date with the practice and its events please follow us using the links below.

NHS App

The NHS App gives you a simple and secure way to access a range of NHS services. Download the NHS App on your smartphone or tablet. You can also access the same services via the NHS website.

<https://www.nhs.uk/nhs-app/about-the-nhs-app/>

Quit Smoking

Make 2025 the year you quit smoking for good!

When you quit smoking, good things start to happen. You'll begin to see almost immediate improvements to your health.

It is never too late to quit and it is easier to stop smoking with the right support.

Download the free NHS Quit Smoking App. The app allows you to track progress, see your savings, get daily support and get inspired by others. For more information visit www.nhs.uk/better-health/quit-smoking

Friends and Family

Your feedback matters!

If you have any suggestions or comments on how the practice can improve its services and offerings, please complete a Friends and Family test either via our website or in paper form from reception.

<https://www.graftonrdsurgery.co.uk/pages/Friends--Family-Test>

To view your submissions for December 2024 please follow the below link:

<https://www.graftonrdsurgery.co.uk/pages/Friends--Family-Test>

Please be advised, GP appointments are for one medical issue only. If you need to discuss more than one issue please let our reception team know who will be able to allocate you enough time.



Grafton Road Surgery
CQC Overall Rating

Good
7 July 2017

Social Media



Contact Details

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