

Monthly Patient Newsletter

Grafton Road Surgery
June 2025

Alcohol Awareness

Alcohol Awareness Week is running from 7th – 13th July 2025.

Cutting down on drinking, even a little can lessen our anxiety and make us feel more focused, energised and productive the next day.

The theme this year is alcohol and work.

For more information visit <https://alcoholchange.org.uk/>

Sarcoma Awareness

July 2025 is Sarcoma Awareness Month.

Sarcoma is a type of cancer that can appear anywhere in the body. Every day, 15 people are diagnosed with sarcoma in the UK. That is about 5,300 people a year.

If you have a lump, it is important to be aware of any changes that occur.

For more information visit <https://sarcoma.org.uk/>

Surgery Statistics

1617

Appointments Booked

102

Did Not Attend

6.6

Average Minute Wait

Important Information

Please be aware repeat prescription and sick note requests must be submitted via writing, unless agreed otherwise. These requests take up to three working days to be processed.

You can email us requests on M89024.graftonroad@nhs.net

Friends and Family

Your feedback matters!

If you have any suggestions or comments on how the practice can improve its services and offerings, please complete a Friends and Family test either via our website or in paper form from reception.

<https://www.graftonrdsurgery.co.uk/pages/Friends--Family-Test>

To view your submissions for June 2025 please follow the below link:

<https://www.graftonrdsurgery.co.uk/pages/Friends--Family-Test>

NHS App

The NHS App gives you a simple and secure way to access a range of NHS services. Download the NHS App on your smartphone or tablet. You can also access the same services via the NHS website.

<https://www.nhs.uk/nhs-app/about-the-nhs-app/>

Please be advised, GP appointments are for one medical issue only. If you need to discuss more than one issue please let our reception team know who will be able to allocate you enough time.

Fibroids Awareness

Fibroids are non-cancerous growths that develop in and around the womb.

2 in 3 women will get a fibroid at some point in their lifetime. They are most common between the ages of 30-50.

It is important to see your doctor if you have any concerns or symptoms about your periods are affecting you.

For more information visit www.wellbeingofwomen.org.uk/



Grafton Road Surgery
CQC Overall Rating

Good
7 July 2017

Social Media



Contact Details

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